

AIM

Golf Academy
at Royal Ashburn



AIM LEARN TO COMPETE PROGRAM

Partnered with Lyndebrook Golf Course
Join us for 1, 2 or all 3 of our 2 month sessions

\$400 per session

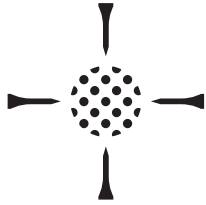
Session Dates:

- Session 1: May 6th – June 24th
- Session 2: July 8th – August 26th
- Session 3: Sept 9th – October 28th

Our AIM Learn to Compete program is designed for juniors who enjoy the game of golf, want to improve their skills and learn in a team environment. This program will introduce the juniors to golf competition, scoring and keeping a playing competitor's score, the rules of golf and etiquette. Each week the juniors will meet at Royal Ashburn to practice in a small group setting under the coaching of our Director of Instruction, Brandon McLeod and our new Head Golf Coach, Jon Blomme. Practices will take place each Friday starting at 4pm and run for 90 minutes in duration. Our coaches will split the groups into smaller groups and take them through the practice stations our coaches have setup for that week's instruction. Our coaches will instruct our players through the following main coaching pillars:

- Technical skill / pattern work
- Short game / scoring
- Mental game
- Rules of Golf / etiquette

Team practice days are structured to teach our juniors the fundamentals of the swing and the important skill of getting the ball in the hole. At AIM we pride ourselves in our juniors developing proper etiquette and respect for the game and fellow golfers. The AIM Golf Academy at Royal Ashburn is built on a foundation of health and wellness and our Learn to Compete program incorporate our holistic approach to coaching.



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We pride ourselves on creating a fun and safe environment for our players to learn. Practices will include components of our AIM Movement program to develop proper golf motor patterns, increase strength and flexibility and reduce the risks of injury.

Our league provides juniors a fun way to experience tournament play in a team environment. On the final Monday of every month we will hold our AIM Learn to Compete tournament in partnership with Lyndebrook golf course, tee times start at 4:00pm. Scoring in our events will follow the CIAU and OUA scoring formats. Juniors will be split into smaller teams for each month's tournament and will play their own ball and keep track of their opponent's score. The top 4 scores for each team will count for the team total score.

On inclement weather days the team will meet indoors to review and learn the rules of the game. AIM coaches will also discuss strategies on how to score and effectively manage their game. We will also use inclement weather days to utilize our indoor Trackman technology to simulate on course situations and develop strategies on how to save shots when in trouble.

PRIVATE SESSION ADD ONS

- Series of 5 private lessons: \$500 +hst
- Series of 10 private lessons: \$900 +hst
- On course 9 hole playing lesson: \$300 +hst